

HYPOGLYCAEMIA

LOW

Blood Glucose Level <4.0mmol/L

Signs and Symptoms

Pale, headache, shaky, sweaty, dizzy, drowsy, changes in behaviour. *Symptoms may not always be obvious*

DO NOT leave child UNATTENDED
DO NOT delay TREATMENT

Child conscious
(Able to eat hypo food)

Child unconscious/drowsy
(Risk of choking/unable to swallow)

If BGL 2-4
Give fast acting carb
(as supplied)

If BGL <2
Suspend pump
Give fast acting carb
(as supplied)

First Aid - DRSABC
Stay with unconscious child and suspend pump

Call an Ambulance
Dial 000

Contact parent/guardian
when safe to do so

Recheck BGL after 15 mins
If BGL <4.0 repeat fast acting carb

Give sustaining carb (as supplied)

Recheck BGL after 15 mins
Restart pump when BGL >4.0

PARENT/GUARDIAN NAME: _____
CONTACT No: _____

Early childhood education and care setting

2016

Diabetes Action Plan

Insulin pump

[to be used in conjunction with management plan]

Child's Name: _____

Centre: _____



The insulin pump continually delivers insulin. The pump will deliver insulin based on carb and BGL entries. All BGLs must be entered into pump*
Able to button push - with supervision
- with assistance

Routine BGL checking times

- Anytime, anywhere in the centre
- Prior to lunch and other times as per management plan
- Anytime hypo is suspected
- Prior to planned activity

Physical activity

- 1 serve sustaining carb before every 30 mins of planned activity (no bolus)
- Vigorous activity should not be undertaken if BGL >15.0 and blood ketones are ≥0.6
- *DO NOT ENTER BGL into pump within 1 hour of completing planned activity (see management plan)**
- Usual play time usually doesn't require additional action, but check with parent/guardian about this

HYPERGLYCAEMIA

HIGH

Blood Glucose Level >15.0mmol/L

HIGH BGLs are not uncommon

Signs and Symptoms

There may be no signs and symptoms
Some could be: increased thirst, increased urine production, poor concentration, irritability, lethargy

If unwell (eg vomiting)

Contact parent/guardian to collect child

Check Blood Ketones

Blood ketones ≥ 0.6 requires immediate treatment

Blood Ketones <0.6

Blood Ketones ≥0.6

Correction bolus
Recheck BGL in 2 hrs

Potential line failure
Contact parent/guardian for further advice.
May need injected insulin and line change

BGL < 15
indicates line is working

BGL ≥ 15

DATE: _____
HOSPITAL: _____
TREATING DNE: _____
CONTACT NO: _____

